

PLYMOUTH PUBLIC SCHOOLS

ATHLETICS

SCHOOL COMMITTEE PRESENTATION

MONDAY, FEBRUARY 12, 2024

SCOTT FRY (PSHS) & JUSTIN DOMINGOS (PNHS)



Plymouth North and South High Schools Athletics





ONE TOWN Two High Schools



Plymouth North and South High Schools Athletics





Sports at both high schools:

Fall: Football, B/G Soccer, B/G Cross Country, Field Hockey, Golf, Cheer, & Dance

Winter: B/G Basketball, B/G Hockey, B/G Track, Cheer, Dance, Swim, Gymnastics

Spring: Baseball, Softball, B/G Track, B/G Lacrosse, B/G Tennis



Plymouth North and South High Schools Athletics



Unified Athletics:

- Unified Athletics - Basketball (fall) & Track (spring)
- Basketball is a league run sport
- PN/PS Unified Basketball Mega Bowl
- Weight Training After School
- Andrew Lawson Tournament at TD Garden

January 2024



Plymouth North and South High Schools Athletics



Community Service at PNHS & PSHS:

- Requirement for all Teams
- Work with local recreation department and community groups
- Going Gold & Pink Day Campaigns
- Youth Camps & Clinics
- Examples:
 - Beth-Israel Deaconess Polar Plunge
 - Hands and Hearts for the Homeless
 - Reading at Local Elementary Schools
 - Flags on Veterans Day at Local Cemetery



Plymouth North and South High Schools Athletics



Facilities at PNHS & PSHS:

- State of the Art
- Lights let us have availability for all programs on campus
- Outside groups - revenue for district
- Youth connections
- Facility Use Policy
- Community Use - track, tennis, etc.
- Hosting MIAA state tournament games/meets/etc.
- Partner with Town of Plymouth to host recreation dept. Camps (vacation week, summer, etc.)



Plymouth North and South High Schools Athletics



Students participating in college athletics - all time high!

- Divisions 1, 2, & 3
- NLI Signing Days:
Divisions 1 & 2
Scholarships
- Culture of playing sports beyond HS exists at both high schools
- Focus on NCAA requirements beginning in grade 9 -importance of the transcript



COACHES & Booster clubs:

- Key to our successful programs are our coaches
- Dedicated both in and out of season
- Summer conditioning programs
- Communication with teachers regarding student progress
- Becoming more difficult to find coaches who can commit to the schedule, time demands, etc.
- **THANK YOU TO OUR BOOSTER CLUBS!**
- 1 Town 2 Schools Annual Golf Tournament

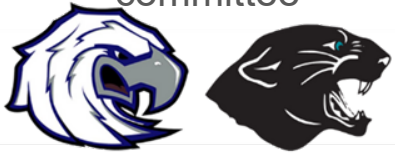


Plymouth North and South High Schools Athletics



MIAA Connections:

- Leadership Workshops - PN & PS Attend Together
- Student Ambassadors
- South's Scott Johnson- MIAA Boys Tennis Coach of the Year
- MIAA Student of the Month Recognition
- Women in Sports Day - Regular Attendees
- Hosting of State Events via MIAA
- Both North/South AD's are MIAA Committee Members (South: Football North: Boys Lacrosse, Sports Medicine, District Athletic Chairperson)
- Principal Fry- member of MIAA's ERB & TMC
- Principal Parcellin- member of MIAA's Track committee



Plymouth North and South High Schools Athletics



Captain's Breakfast

- Every season (Fall, Winter, Spring) all of sport captains meet for breakfast
- Guest speaker
- Question & Answer session
- Captain's Passes
- Colleen Mersereau



Plymouth North and South High Schools Athletics



Questions/Comments
Thank you!



Plymouth North and South High Schools Athletics

